

## Job Description

<b>Job Title</b>	<b>Women's Health Specialist</b>
<b>Department</b>	<b>Physiotherapy</b>
<b>Reports to</b>	<b>Allied Therapy Manager</b>
<b>Date</b>	<b>2014</b>

### Overall Purpose of Job

We will provide exceptional patient care in an environment where quality, respect, caring and compassion are at the centre of all we do.

### Key Responsibilities

#### Professional responsibilities

- Co-ordinate and deliver an effective and efficient Women's Health Physiotherapy Service, based on assessment of needs.
- Develop and administer the highest quality of service by identifying and implementing operational procedures in line with best practice standards.
- Keep abreast with new developments, skills and technology to ensure continuing competence in the job.
- Enhance his/her skills in order to initiate and respond to changes in the work environment as additional roles may be demanded e.g. data analysis, clinical audit, continued professional development and research.

#### Management responsibilities

- To participate in the management of the Physiotherapy Service as a member of the Senior Physiotherapy Management team in co-operation with the Allied Therapy Manager.
- To create and promote good working relationships through open communication.
- To contribute to and participate in the staff induction, staff appraisal and in service training programmes.
- To actively participate in and promote continuing education and research activities consistent with the position.
- To maintain appropriate records and statistics sufficient for organisational and legal purposes to include work related injuries/incidents.
- To regularly review and update the Women's Health Policy and guideline documents.

## Staff management

- To lead by example a professional, dedicated and punctual team.
- To encourage professional development of team members through promotion of self-learning, formal courses and in-service training.
- The hours of work are at the discretion of the Physiotherapy Manager and in line with service needs.

## Person Specification

<b>Qualifications</b>	<ul style="list-style-type: none"> <li>▪ Candidates must hold a degree in Physiotherapy and be a member of the Irish Society of Chartered Physiotherapists (ISCP).</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>▪ Candidates must hold at least 3 years post graduate experience in the area of women’s health physiotherapy.</li> <li>▪ Candidates must have a proven track record of clinical/academic achievement in their specialist field.</li> <li>▪ A suitable post graduate qualification in women’s health is desirable.</li> </ul>
<b>Job Specific Competencies and Knowledge</b>	<p>In addition to the responsibilities and core competencies of a senior physiotherapist:</p> <p><b><i>Demonstrates knowledge of:</i></b></p> <ul style="list-style-type: none"> <li>▪ Female anatomy.</li> <li>▪ General overview of female genital health, including but not limited to vulvodynia, vulvar vestibulitis, and chronic pelvic pain.</li> <li>▪ General overview of common urological disorders in women, including but not limited to urinary incontinence, urinary frequency, and interstitial cystitis.</li> <li>▪ General overview of bowel dysfunction in women, including but not limited to urgency, frequency and incontinence.</li> <li>▪ General knowledge of pelvic girdle pain and the issues more commonly found in the pre and post-partum patient.</li> <li>▪ General knowledge and the ability to identify the chronic pelvic pain patient.</li> <li>▪ General knowledge of physiotherapy treatment techniques and the scientific research to support their use.</li> <li>▪ General knowledge of gender specific development events such as menarche, pregnancy, menopause and senescence.</li> </ul> <p><b><i>Demonstrates respect of patient privacy at all times.</i></b></p> <p><b><i>Demonstrates an unbiased response to a patient’s request for cessation in treatment.</i></b></p> <p><b><i>Demonstrates ability to identify patient’s tolerance of the treatment and the need to cease treatment where appropriate.</i></b></p> <p><b><i>Recognises own limitations in clinical judgement and consults with other more experienced clinicians.</i></b></p> <p><b><i>Recognises limits in clinical-judgement and seeks multi-disciplinary collaboration.</i></b></p>



	<p><b><i>Demonstrates appropriate use of and recognise contraindications/precautions in the use of:</i></b></p> <ul style="list-style-type: none"> <li>▪ PV examination and treatment.</li> <li>▪ PR examination and treatment.</li> <li>▪ Electrical stimulation.</li> <li>▪ Exercise tools e.g. cones, dilators.</li> <li>▪ Balloons.</li> <li>▪ Awareness of patient limitations in relation to manual treatment.</li> </ul> <p><b><i>Demonstrates appropriate referral to the following programmes :</i></b></p> <ul style="list-style-type: none"> <li>▪ Chronic pain management.</li> <li>▪ Consultant review.</li> </ul> <p><b><i>The candidate must have the following attributes:</i></b></p> <ul style="list-style-type: none"> <li>▪ Demonstrates evidence-based practice through the process of clinical reasoning and decision making, allowing knowledge to be applied to complex/different situations.</li> <li>▪ Demonstrates an educational role for example as a mentor.</li> <li>▪ Participates in research.</li> <li>▪ Generates new knowledge and skills in the specified area of Physiotherapy.</li> <li>▪ Disseminates advanced ethical awareness and responsibilities in specific areas.</li> <li>▪ Demonstrates leadership and an understanding of service planning.</li> <li>▪ Demonstrates a critical understanding of the context in which practice occurs for example social, political and inter professional collaboration.</li> </ul>
<b>Personal Competencies</b>	All posts in Beacon Hospital require a high level of flexibility to ensure the delivery of an effective and efficient service. Therefore, the post holder will be required to demonstrate flexibility as and when required by their manager or hospital management.

**This job description is intended to be an outline of the areas of responsibility and deliverables at the time of its writing. As the Hospital and the post holder develop, this job description may be subject to review in light of the changing needs of the Hospital.**

Job Description received by employee: \_\_\_\_\_

**Signature** **Date**

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**Name (Block Capitals)**